

# ANCHOR™ WEIGHTED BLANKET CARE INSTRUCTIONS

## WASHING

- Pre-wash your blanket before first use.
- Separate the inner and outer blankets. They should not be washed together and have different care instructions.

## INNER BLANKET

- We recommend that the inner, weighted portion of the blanket should be spot cleaned, hand washed, and laid flat to dry. Getting water on the blanket will not harm the inner weights in any way.
- If heavily soiled, wash in cold water on a gentle cycle and finish with a cold-water rinse.

## OUTER BLANKET

- Separate the outer blanket from other items in the wash, especially those containing polyester (which can create pilling) and items with heavy zippers (which can damage the fabric).
- Do not overload the washing machine. It can cause fibers to break down from excessive abrasion and agitation.
- Wash in warm water on a gentle cycle and finish with a cold-water rinse.

## DETERGENT AND BLEACH

- Use a mild liquid detergent, preferably non-alkaline, without added bleach or whiteners. Do not pour detergent directly on blanket. Add it to the water as the wash tub fills or dilute with water, then add blanket.

- Unless blanket is very soiled, only use half the recommended amount of detergent.
- Do not use chlorine bleach. It can weaken fibers and cause them to yellow.

## DRYING

- Lay the inner blanket flat to dry. Line drying is recommended for the outer blanket.
- Shake out the damp blanket before placing in the dryer and tumble dry on low heat until slightly damp
- Never use a high heat setting or over dry; this will weaken the fibers, cause shrinkage and shorten the life of your blanket.

## CHEMICALS

- Some hair and skin products, such as acne lotions or toothpastes, contain oxidizing agents, which may cause discoloration and pilling of blanket.

## STORAGE

- Store blanket in a cool, dry, well-ventilated area.
- Blankets stored long-term should be wrapped in white cotton or acid free paper.
- Avoid storing blanket in plastic bags or boxes, which can cause permanent yellowing.